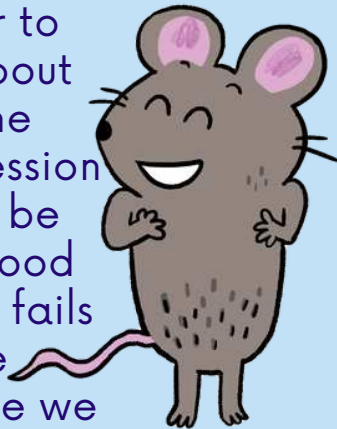


I Want You To Be You, written in rhyming verse, is intended to help in creating a safe shared space between child and caregiver to openly talk about all feelings. The popular expression "I want you to be happy!" has good intentions, but fails to capture the whole message we really want our kids to know...



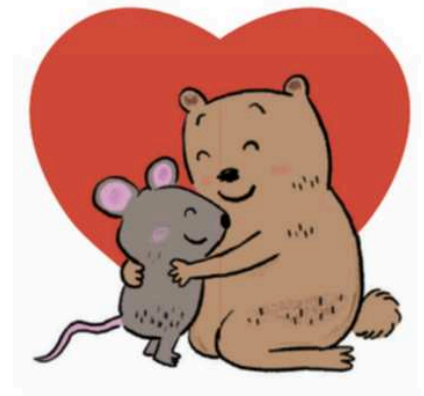
...I want you to be you.

"Heartwarming book - Such a well written children's book. I love how it normalizes all feelings - happy, sad, anxious, mad, excited! Great reminder for children (and parents) that it's ok to not be happy all the time."
- Parent of two



Contact Author

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R.E.A.D.

Relax. Enjoy. And Dream.



I Want You To Be You is important to school communities because it shares an important message about **emotional well being and mental health.**

Normalizing and sharing all feelings is essential for our youth, along with letting them know we are here for all their emotions.

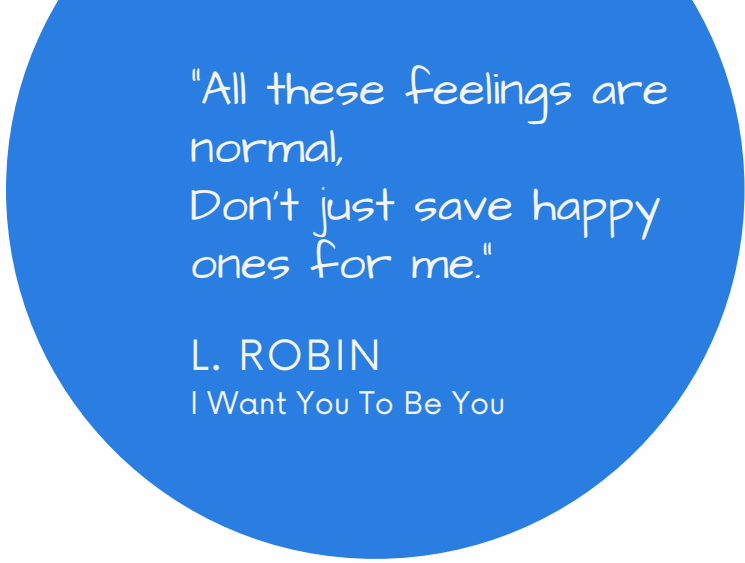
Benefits for schools include:

- Enhancing emotional literacy
- A valuable resource to support emotional development
- Fostering a culture of empathy, understanding, and inclusivity
- Providing for a future with greater social/emotional competencies required for success



River East Transcona School Division purchased enough copies of **I Want You To Be You** for their Kinderlinks program participants.

Brandon, Winnipeg, and Prairie Rose School Divisions all purchased copies for every K-8 school within their divisions.



"All these feelings are normal,
Don't just save happy ones for me."

L. ROBIN
I Want You To Be You

Educator Reviews

★★★★★

"A Special Read - I have thoroughly enjoyed sharing this book with my young family. It has sweet characters that my kids can relate to. It easily emphasizes the idea that kids can share how they are doing and how they are feeling and that I will listen. Its message is as important to adults. It's ok to not be ok."

J K (Educator)



★★★★★

"It is okay to have big emotions! 'I Want You To Be You' is an excellent book! I bought it for my 6 year old granddaughter and she loves it. She has been reading it over and over, and loves the pictures. I am a mother, grandmother and have been an educator for over 26 years. I feel that this book is a lovely way to help young ones better understand their big emotions, as well as to love and accept themselves as the precious children they are."

Dey (Educator)

"This is the cutest picture book that teaches kids that feelings are healthy, and that learning to name those emotions and self-regulate is a part of growing."

Ashley Frampton
@teachthemlittle

★★★★★

"A must have for all little ones (and big!). This book is a must have! I bought 4 copies for all the little ones in my life. It is a narrative that we've been missing! It's great for social emotional learning, regulation, and self awareness. Highly recommend for all who have children in their life!"

Stephanie Zirino (Educator)

"Loving this sweet book by @lrobinbooks and how she communicates the message to young readers that we all have feelings and they are all normal! This was a great book to share with my first graders. It's a great addition to a classroom or home library!"

Sara Apperson
@theprimarypal

the PRIMARY PAL

Clinician Reviews

"Laurie Robin's book was a delight to read. It teaches families what it means to be emotionally connected through a sweet and engaging story that highlights the importance of caregivers being with children's feelings, while also showing them that it is okay to feel all their feelings.
I am excited to use this book in my Play Therapy practise."

Sara Tarrant, BEd, MA, CPT, CCC, CTP
Growing Roots Therapy

"This book validates children's feelings so well! With lines like 'Share with me those feelings, while I share the space with you. You can tell me why you're mad, or we can sit in silence, too.'...
This is just such a great book to teach kids to accept their feelings, and it emphasizes that ALL of their feelings are OK....
I highly recommend this one."

Casey O'Brien Martin, LMHC, School Counselor
@wholechildcounseling

WHOLE CHILD counseling

"I love the way Laurie so naturally urges caregivers and children to feel all of their feelings and to understand that they're all normal...so if that's something you're looking at learning more about or helping your kids learn more about **this is the book for you.**"

Jenilee, OTR/L
@happy.human.life